

*Rayat Shikshan Sanstha's*  
**Annasaheb Awate College, Manchar**  
**Department of B. Voc. Food Processing and Quality Management**  
**Academic Year 2022-23**

**National Nutrition Week & Month 2022-23**

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On the occasion of National Nutrition Month 2022 the department of B. Voc Food Processing and Quality management took Quiz Competition to raise the awareness among the people about nutrition. National Nutrition Week is observed every year from **September 1 to September 7** in a bid to raise awareness about the importance of nutrition for the human body and how we can take adequate and timely measures to eradicate hunger and malnourishment.

This Week celebrate under the theme “**Celebrate a World of Flavour’s**” During National Nutrition Month 2022

**Why do we celebrate National nutrition week?**

National Nutrition Week is celebrated from “**September 1 to September 7**” to **highlight the importance of having a balanced nutrition diet**. It also focuses on the importance of building an effective immune system. The body needs nutrition in order to grow and develop, physically as well as mentally.

In this Quiz competition more than 50 students as well as faculty had been takes part.