

Child Nutritional Awareness Program 2022-23

Day: Monday

Date: 14th November 2022

Place: Anganwadi, Mulewadi area, Manchar.

On the occasion of Children's day department of B. Voc. FPQM takes part to initiate child awareness program in to anganwadi Program. The Importance of ICDS program will helps those type of Nutritional Program. Nutrition awareness among school children can be improved by educating the children about the benefits of consuming nutritious food and the harmful effects of junk foods.

Ways to increase nutrition awareness in schools

- Educate parents and staff about healthy eating through newsletters and other channels
- Nutrition workshops for mothers
- Integrate nutrition education in the school curriculum
- Healthy food to be served in the canteen
- No fast foods to be sold in the school premises
- Mothers are instructed to pack only healthy homemade low fat, low sugar foods for the child's snack and lunch time
- List the foods not allowed to be brought in the school
- Encourage staff to model healthy eating

In this program anganwadi teacher and other staff helps us to meet students, their nutritional program, other activities run by the anganwadi,

Information about ICDS program helps both to knowing more about it.

No. of Beneficiaries: 18 Students

