

ANNASAHEB AWATE COLLEGE MANCHAR, PUNE.

DEPARTMENT OF PSYCHOLOGY - 2020-2021

On the occasion of
“World Mental Health Day”
One-day webinar on
“How to maintain mental health”
Date: 10/10/2020

Report

In the academic year 2020-21, various activities were implemented by the Department of Psychology. On the occasion of “World Mental Health Day”, one-day webinar was organized by the Department on October 10, 2020. A renowned personality in the Maharashtra, Hon. Dr. Hamid Dabholkar (Psychatrist) was the resource person for this webinar.

He has delivered the lecture on “How to maintain mental health”. The President of this program was Hon. Principal Dr. K. G. Kanade.

The Introduction of the resource person and program was done by Mr. V. B. Adsare and the vote of thanks was expressed by Dr. Sunil Pansare.

Sr. No.	Date	Name of the Resource Person	Title of Talk	No. of Beneficiary
1	10/10/2020	Hon. Dr. Hamid Dabholkar	“How to maintain mental health”.	84

एवम शिक्षण संस्थाने,

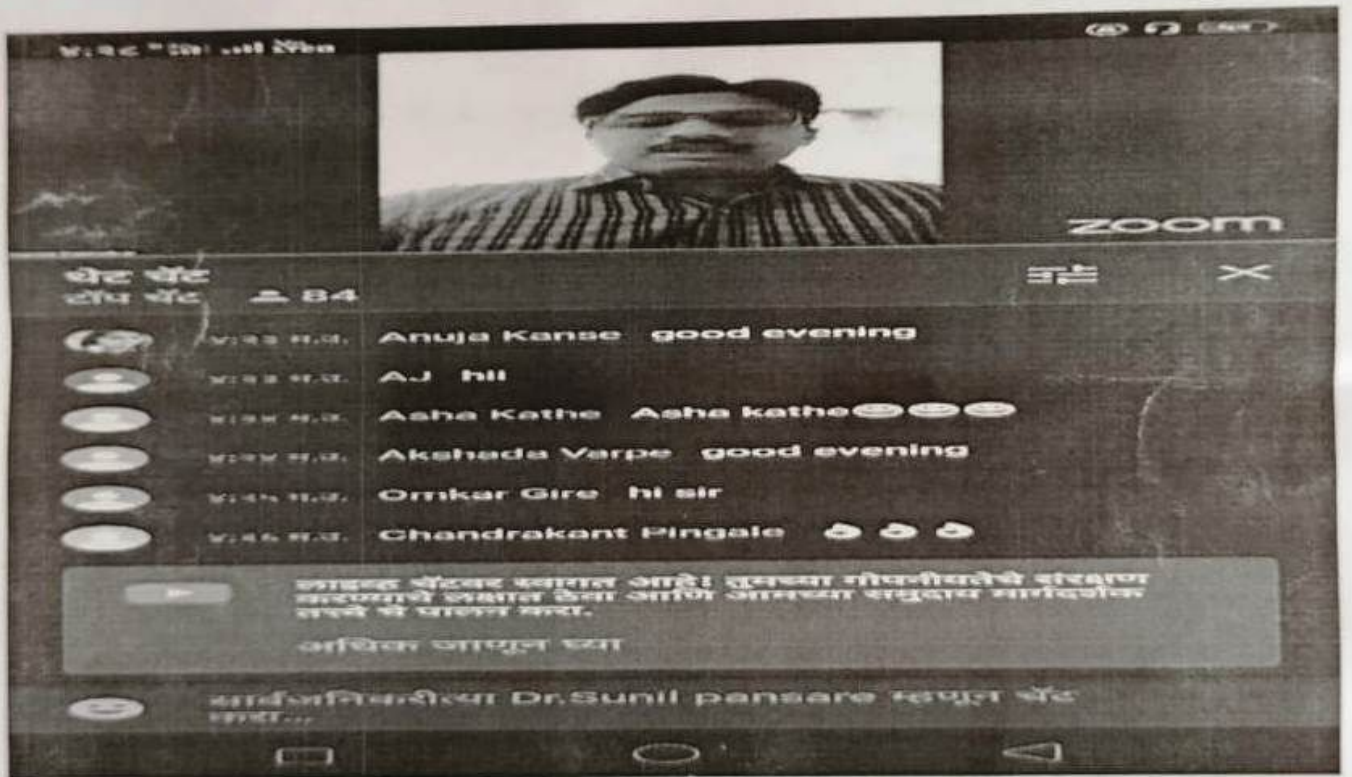
अण्णासाहेब आवटे कॉलेज, मंचर, पुणे

मानसशास्त्र विभाग, शारीरिक शिक्षण विभाग
आणि विवेकवाहिनी यांच्या संयुक्त विद्यमाने आयोजित

**जागतिक मानसिक आरोग्य दिनानिमित्त
ऑनलाईन वेबिनार**

विषय
मनाचे आरोग्य कसे जपावे ?
शनिवार, दि. १० ऑक्टोबर २०२० रोजी दु. ४ वाजता
प्रमुख यत्ने
मा. डॉ. हमीद दाम्भोलकर (मालभाषणार तज्ज्ञ)
अध्यक्ष
मा. प्राचार्य, डॉ. के. जी. कानडे

व्याख्यावाची ऑनलाईन YouTube लिंक
<https://www.youtube.com/channel/UCIFmGFordJTbP5mlPyGB4EA>



MS Adsare

Adsare V.B.

Head of the Department of Psychology

Principal

Principal

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